

Do you like to Move it Move it?

Pre topic		
Statement	True or False	Thoughts
Adults have less bones than children.		
Our skull protects our brain.		
All animals have a skeleton.		

I will understand the three main functions of the skeleton.

I will be able to identify which bones help with which function.

What is your skeleton?



What does it look like?

Why do we have it? What are its functions?

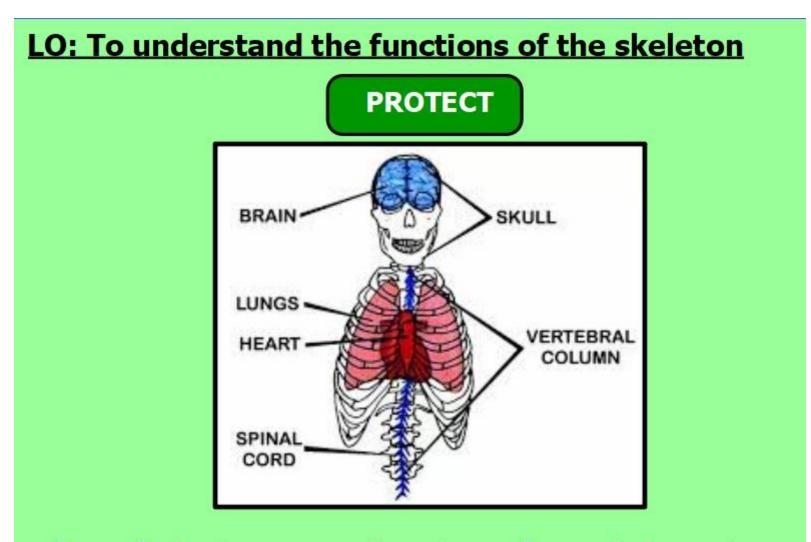
We have 206 bones in our body!

Babies are actually born with over 300 bones! As the body grows, some of the bones fuse together to become stronger and larger.

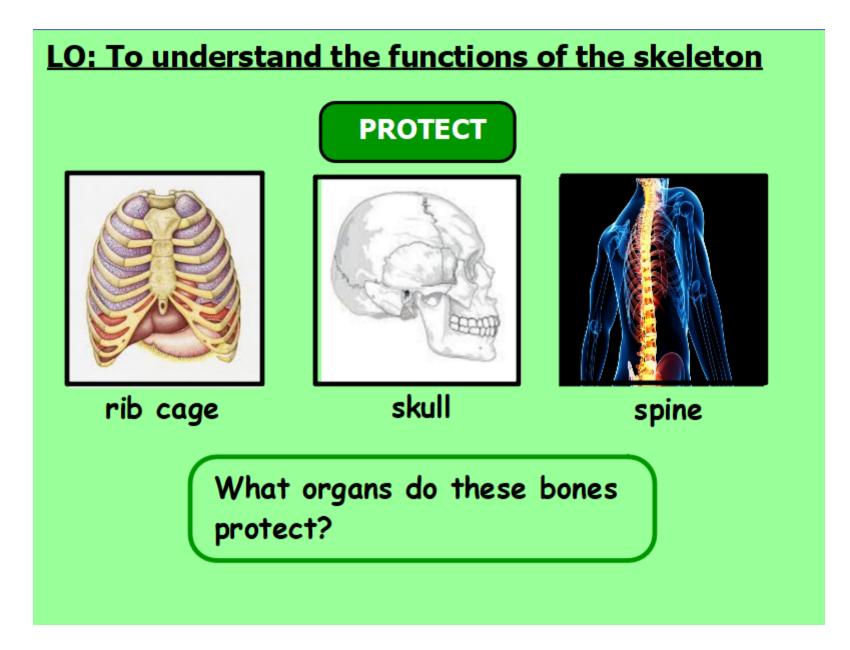


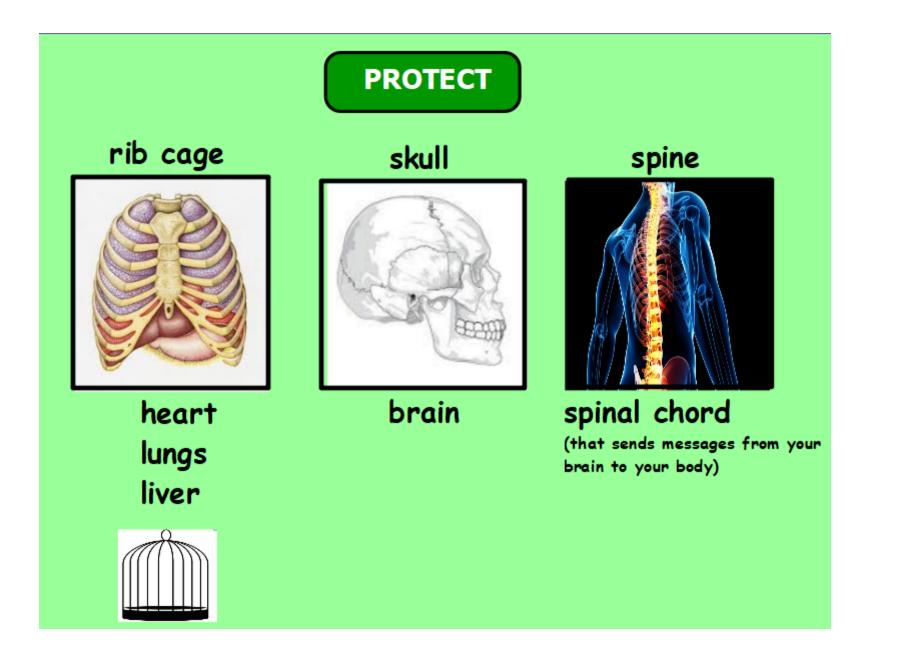


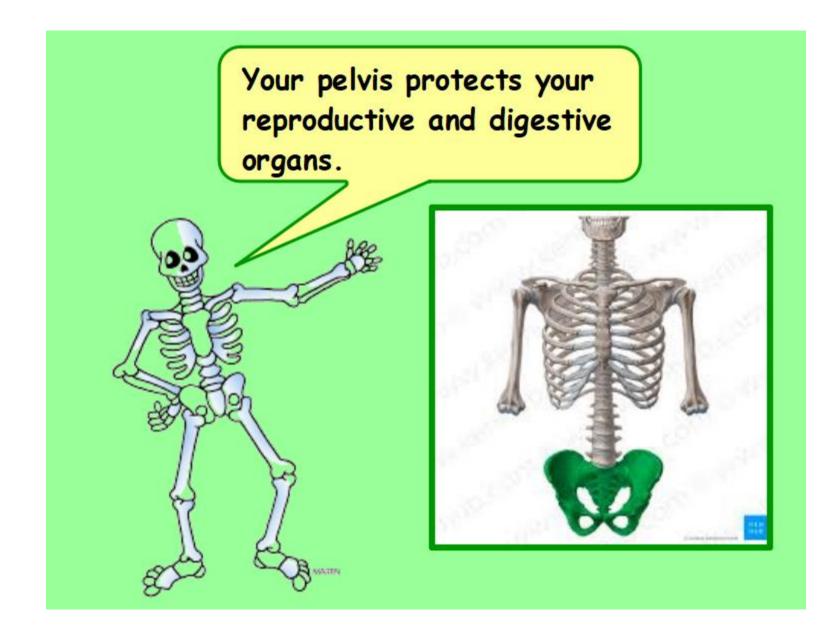
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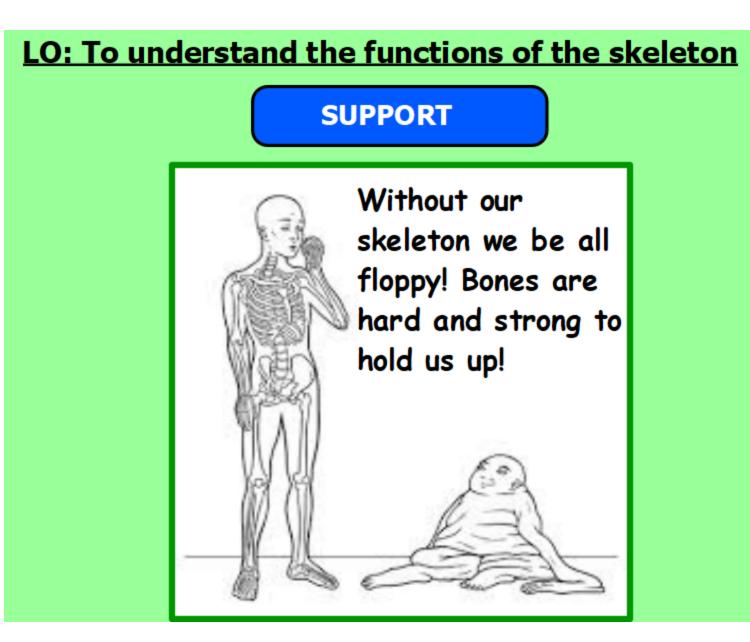


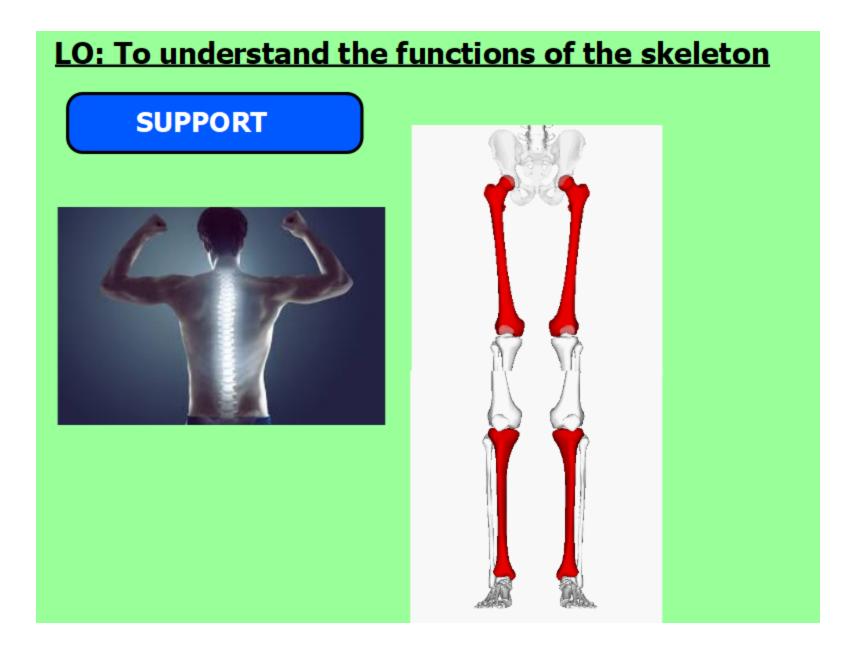
One of the important functions of our skeleton is to protect. Bones are hard and protect soft organs.

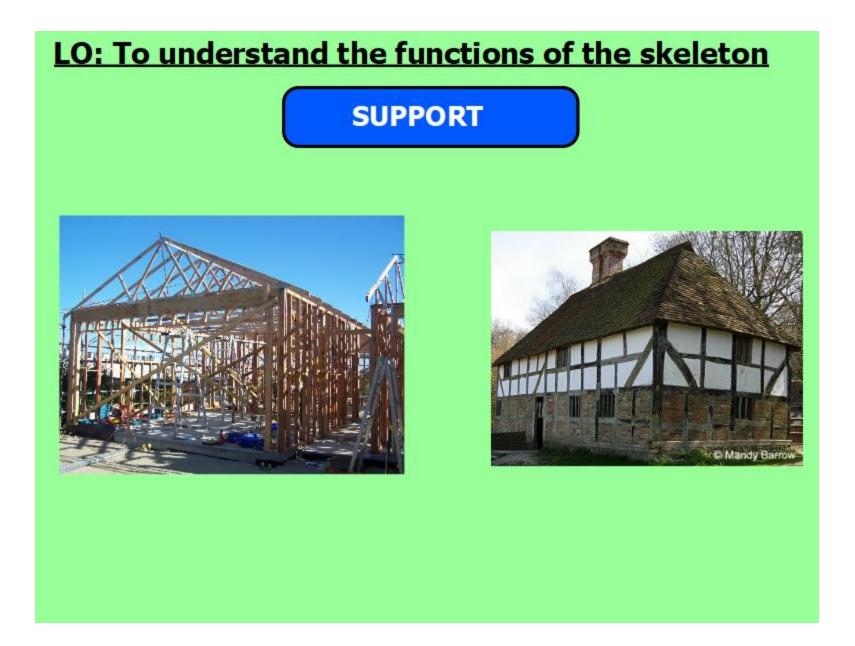












MOVEMENT



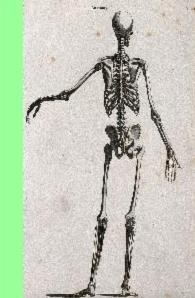
Bones work with muscles to create movement.

Bones aren't very heavy so they don't slow us down.

MOVEMENT

Touch your toes. Could you do that if you had a solid spine? Feel your spine as you bend!





MOVEMENT

Where our body bends, we have joints.

Joints

Without joints connecting our bones we would not be able to move the way we do. We would not be able to bend, jump, skip to name a few movements. There are 3 different types of joints in the body.

extend movements. One

example in the human

skeleton is between the

humerus (upper arm bone)

and radius/ulna (lower

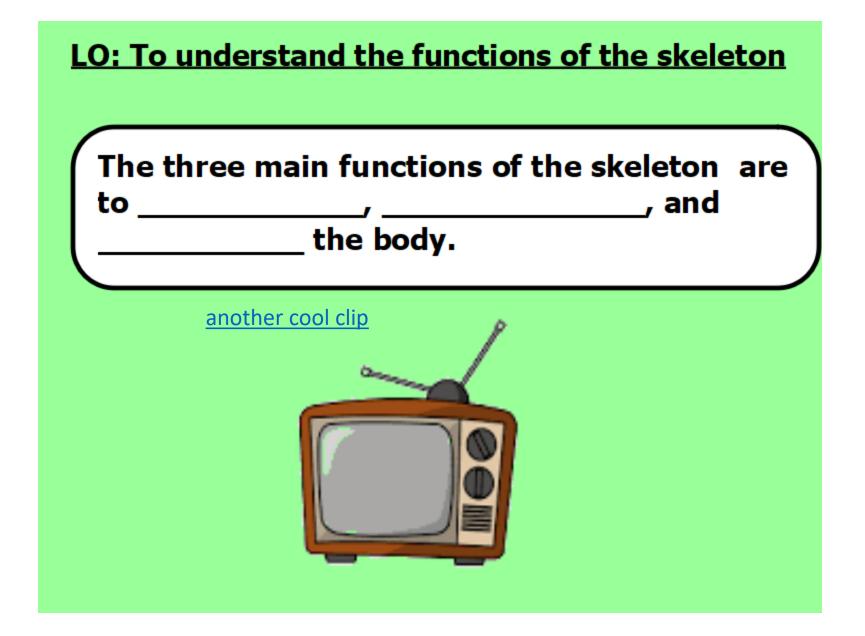
arm bones).



Ball and socket joints allow the most freedom of movement. One example in the human skeleton is the between the pelvis (hip) and femur (upper leg bone).



Gliding joints are also known as 'plane' joints. The bones are shaped to glide over one another and allow for small limited movements in different directions. One example in the human skeleton is the wrist bones.



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