

# The Fruits of the Holy Spirit

## Discussion Cards



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# Joy

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# Love

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# Peace

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**Kindness**

**Patience**

**Goodness**

**Trustfulness**

# Self-control

# Gentleness



Robert was asked to deliver an important message to every teacher in the school. He completed the job successfully.

Bobby helped his little brother learn how to ride his bicycle. Even though it took him hours of practice, Bobby stayed with his brother and kept encouraging him.





Christine noticed some younger children arguing in the yard. She went over to see what they were arguing about. They were arguing about what to play. Christine helped them to compromise. All of the children were happier.

Ruben forgot his lunch. He didn't tell anyone. Dale noticed and quietly shared his sandwich with Ruben.



Billy was having a bad day. It just seemed like everything was going wrong for him. He spent a long time working on a project for school. His little sister came into the kitchen and knocked a big glass of juice all over his work. Even though Billy felt angry, he didn't shout at his sister because he knew it was an accident.



Holly spent an evening baking. The next day, she brought some buns to school for every person in her class.

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Safia found a kitten on the way home from school. It was cold and shivering. She took the kitten home and fed it. Even though she couldn't offer the kitten a home, she still attempted to find a home for it.



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Leah gave up chocolate for Lent. She was in a supermarket with her mother. The supermarket offered samples of a new chocolate cake. Although Leah really wanted to try it, she remembered her Lenten promise.



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Jack and Liam were playing in the park. They noticed a small bird on the ground. They slowly approached it and noticed it was injured. Jack took off his jumper and the boys carefully lifted the bird and wrapped it in a jumper. They brought the bird to the vet.



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Sarah has lots of hobbies and lots of friends. She has a very busy schedule. Although Sarah is extremely busy, she always visits her Granny at least once a week.



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Donal is exhausted after a busy day at school and football training in the afternoon. His dad asked Donal to help him unload the dishwasher. Although Donal is very tired, he doesn't complain and helps his dad.



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A group of children visit the farm in spring. There are lots of new baby animals being born. The children are given an opportunity to hold the new born chicks. Each child treats the fragile chicks in a gentle and loving manner.



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Colleen's younger brother was finding his maths homework difficult. He asked Colleen for help. He still couldn't understand, so Colleen showed him again. Eventually, he could do the calculations without any help.



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Kate noticed that a girl in her class was sitting alone and looking quite sad. She went over to the girl and asked her if she was OK.



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Michelle knew it was her friend's birthday soon. She planned a surprise party for her and baked a cake especially for the occasion.