**The History of the Sandwich**

The first sandwich recorded in history was by a famous Rabbi called Hillel who lived in 1B.C. (over 2000 years ago!). During the Passover festival he started putting nuts, apples, spices and wine between pieces of flat bread called matzoh.

During the middle ages, people would eat something similar. Using a stale block of bread, they would cover it in meats and other foods such as cheese which could be eaten by hand. Because the bread was so thick and hard they would also add gravy to the bread to try and soften it up. The people didn’t always eat this bread though and they might have given it to their dogs or beggars.

Although people have been putting fillings inside bread since Ancient times, food historians say that John Montagu, 4th Earl of Sandwich created the sandwich that we know and love today. John Montagu was a keen card player and during a particularly long game of cards in 1762 he instructed his cook to prepare his food so that it wouldn’t interfere with his game. The cook gave him sliced meat between 2 pieces of bread. This was perfect because the meal didn’t need a knife and fork to eat and it could also be held and eaten in one hand meaning his other hand could hold the cards. Unfortunately for the cook, the Earl claimed all the credit for the invention and soon people were asking for the ‘same as Sandwich’ which is where the name came from.

However, the Earl had already seen this idea when he was travelling around the Mediterranean. He saw Greeks and Turks putting dips, cheeses and meat between layers of bread and took this idea home.

John Montagu’s creation took off immediately. Soon, sandwiches were being served in restaurants as a fancy meal and quickly became established among both rich and poor people in England.

**Questions**

1. Who is believed to have invented the sandwich?
2. When was the first sandwich ever recorded?
3. Name the two countries that John travelled to where he got the idea for a sandwich.
4. Why do we call it a sandwich?
5. Why do you think people in the middle ages would give their gravy soaked bread away? Explain your answer.
6. Look at the sentence starting **‘John Montagu was a keen card player…’** what do you think interfere means?
7. Why do you think people started calling it a sandwich only after the Earl had one and not before?

**Questions - Scaffold**

1. Who is believed to have invented the sandwich?

The person who invented the sandwich is called \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. When was the first sandwich ever recorded?

The first sandwich recorded was in \_\_\_\_\_\_\_.

1. Name the two countries that John travelled to where he got the idea for a sandwich.

John travelled to \_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_ where he saw the idea for the sandwich.

1. Why do we call it a sandwich?

We call it a sandwich because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

1. Why do you think people in the middle ages would give their gravy soaked bread away? Explain your answer.

I think people would throw their bread away because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Look at the sentence starting **‘John Montagu was a keen card player…’** what do you think interfere means?

I think interfere means \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Why do you think people started calling it a sandwich only after the Earl had one and not before?

People started calling it a sandwich after the Earl of Sandwich had one because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.