How Many Times?

Age 7 to 11

On a digital 24 hour clock, at certain times, all the digits are consecutive (in counting order). You can count forwards or backwards.

For example, 1:23 or 5:43.

How many times like this are there between midnight and 7:00?
How many are there between 7:00 and midday?
How many are there between midday and midnight?