





PE		Year 5: Dance Skills		
Skills		Knowledge	Concept & Vocabulary	
		To explore and respond to the African music showing clear body shapes, rhythmic patterns and movements.	Concept: To perform and showcase refined dances to the class in groups of 6 showing a repetition of movements to give rhythm and shape to their dances using facial expressions to convey the atmosphere of the dance. Vocabulary Beat Dynamics Vocal breath Muscle memory Ensemble Isolate	
		To respond to a piece of music showing an ability to demonstrate rhythm and spatial awareness		
	<u>Beat</u>		To use vocal breath within a dance routine to capture the mood / feeling of the dance.	
	<u>Unison</u>		To be able to isolate body parts to show a physical response to the music.	Recall from Y4 Concept: To respond to sounds and choreograph a group dance routine showing elements of repetition, synchronicity and a canon dance effect. Vocabulary Speed Dynamics Unison Repetition Motif Choreography
			To choreograph a complex dance routine conveying the spirit of an African dance	
<u>Ensemble</u>		To use technical vocabulary to evaluate a dance routine.		

