

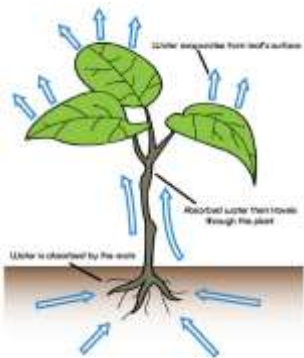
Recapped Vocabulary and Knowledge:

Year 3: Food plate

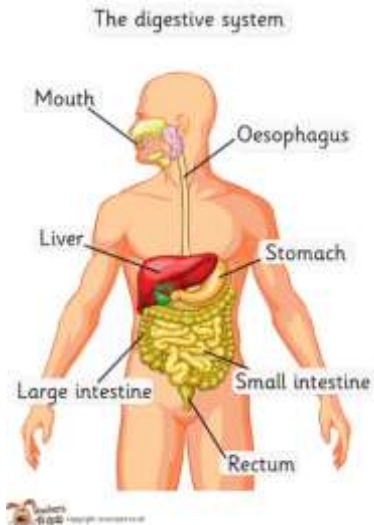


nutrients, carbohydrates, sugars, protein, vitamins, minerals, fibre, fat, water

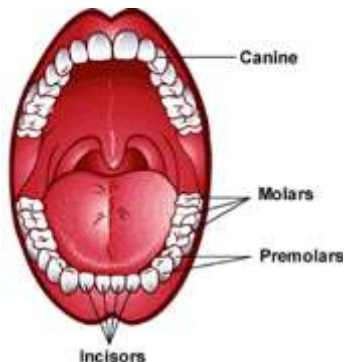
Year 3: plants



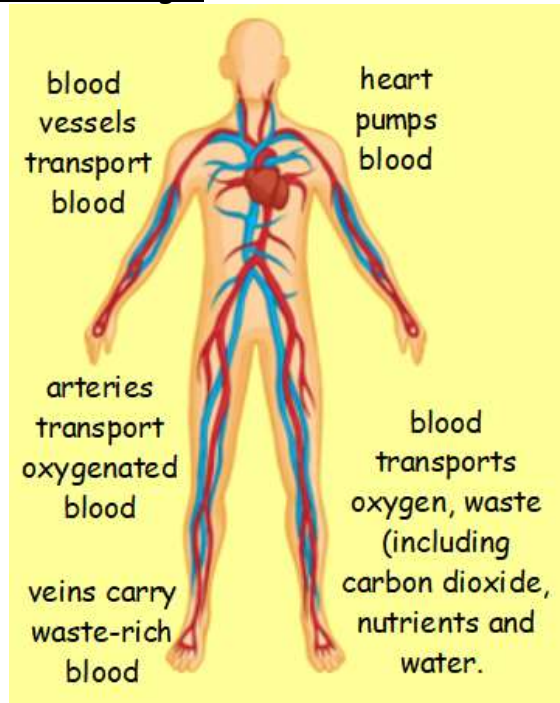
Year 4: The human digestive system.



Year 4: teeth



New Knowledge:



Working Scientifically:



Make your own choices about the best enquiry type to use and to investigate the effects of diet, lifestyle, drugs and exercise on the body.

New Vocabulary:

Heart	Pumps blood
circulatory system,	The system that circulates blood around the body
pulse	Throbbing of blood vessels as blood is pumped around the body
Pulse rate or heart rate	How quickly you heart is pumping/beating
blood	Liquid that carried various essential items around the body
blood vessels	The tubes that carry blood. These include arteries, veins and capillaries.
lungs	Organ that transfers gases into and out of the blood stream
oxygen	A gas which all cells of our body need in order to function
carbon dioxide	A waste gas created inside our bodies
exercise	Physical activity that raises our heart rate
lifestyle	The way we live and look after ourselves
drugs	Chemicals that can affect the way our bodies work