
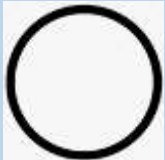

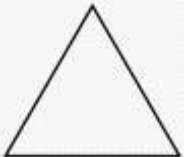




PE	Y3 – Travelling Skills - KLP	
Skills	Knowledge	Concept & Vocabulary
    	<p>To explore a variety of pathways - straight, zigzag, curved, triangular, circular pathways (forwards & backwards) using different parts of the body.</p> <p>To explore different pathways using the low-level apparatus (straight, zigzag, curved, triangular, circular pathways) demonstrating control and coordination.</p> <p>To link pathways using turns:</p> <ul style="list-style-type: none"> • Quarter turns • Half turns • Full turns • Pivot turns <p>To incorporate a 3 second balance into a clear pathway routine. Balances to include symmetrical and asymmetrical body shapes.</p>	<p>Concept</p> <ul style="list-style-type: none"> • To use the floor & low-level apparatus to explore a variety of pathways (straight line, curved, zigzag). • Travelling using tiptoe, step - jump - hop, chassis steps, cat leap and hopscotch. • Use pivot turns whilst travelling in a variety of ways. • Make decisions about speed, level, shape, body part to improve their performance. <p>Vocabulary</p> <ul style="list-style-type: none"> • Control • Coordination • Linking movements • Quarter turn • Half turn • Full turn • Pivot
	<p>To create a sequence using the low-level apparatus demonstrating clearly defined pathways, 2 balances and 2 turning movements.</p> <p>To perform and evaluate a sequence using technical vocabulary to describe a performance - pathways, travelling, balances, sequences, control, coordination.</p>	<p>Recall from Year 2:</p> <p>Concept</p> <p>To move around a space demonstrating an ability to follow different pathways, creating and repeating short sequences.</p> <p>Vocabulary</p> <ul style="list-style-type: none"> • Pathways • Travelling • Balances & sequences

