

Lesson 4 (short lesson practising sewing)

LO: To use tools for a practical task

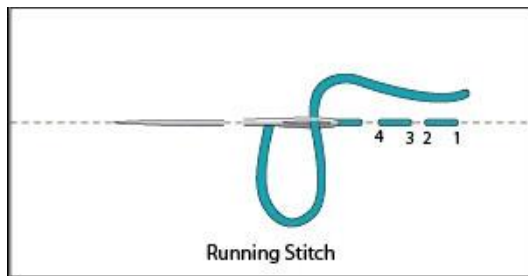
Which tools are needed? How do we use them?

Practise using a needle and thread on felt.

Running stitch - if you aren't very confident with sewing

Begin the running stitch by poking your threaded needle up through the fabric. Poke the needle back down through the fabric next to where you just came up and pull the thread down into your first stitch. Now poke your needle back up through the fabric, leaving a space from the previous stitch. Then poke the needle back down through the fabric again making your second stitch.

<https://www.youtube.com/watch?v=-ebl02HjJQ0>



Back Stitch - if you are confident with sewing

This is basically running stitch with the gaps filled in. Start with one running stitch, then come up for the next stitch but rather than sewing on, go back a space and fill in the gap. Now come up through the hole you came up most recently and stitch forward for one running stitch. Then, repeat.

<https://www.youtube.com/watch?v=sjHm8CL9WDA>

