

How Christine Ohuruogu became a top athlete

Me as a kid When did Christine become serious about sport?

What sport did she start in? How far did she go with this sport?



Me and sport When did she start running? Why did she do the 400m race?

Why did she keep doing the 400m race?



My Spark Where did Christine get a spark for athletics? What did she feel like when she was running? What made her work hard in athletics?



My Olympics How did she feel in the London Olympics? Why?

What was her focus? What medal did she get? How did she feel at the end of her race?

