

IDEAS FOR WINTER NIGHTS

<p>1 Make yourself into sleeping bag</p>  <p>... (text) ...</p>	<p>3 Make a simple heater for yourself</p>  <p>... (text) ...</p>
<p>2 Use yourself as fuel</p>  <p>... (text) ...</p>	<p>4 Use your coat when going to sleep</p>  <p>... (text) ...</p> <p>5 Rubbing rubbers</p>  <p>... (text) ...</p>

CITY OF WESTMINSTER

YOUR AIR RAID PRECAUTIONS

WHAT TO DO NOW	WHAT TO DO IN AN AIR RAID
<p>1. GO AND SEE YOUR WARDEN—if you require any information on A.R.P. Your Warden will have a plate outside his door marked "WARDEN." He or she is qualified to give you any advice you require and to tell you what to do should war come.</p> <p>2. READ THE GOVERNMENT LEAFLETS. If you have mislaid any copies, do not fail to obtain another copy. Copies of Public Information Leaflets are obtainable from the Town Clerk, Alhambra House, Charing Cross Road, W.C.2.</p> <p>3. LIGHTING: Arrange for effective screening of all lights in your home. (See Public Information Leaflet No. 2)</p> <p>4. FIRE: Take your precautions NOW. (See Public Information Leaflet No. 1)</p> <p>5. YOUR FOOD: Lay in a reserve of food. (See Public Information Leaflet No. 4)</p> <p>6. YOUR SHELTER: Decide where you will take shelter.</p> <p>7. YOUR GAS MASK: Make sure you are keeping your gas mask safely and in good condition for immediate use.</p>	<p>1. AIR RAID WARNING: Public warning of an air raid will be given by a high pitched note of a SIREN, rising and falling. A local warning may also be given by shrill blasts on WHISTLES by Air Raid Wardens and Police.</p> <p>2. CARRY YOUR GAS MASK WITH YOU AT ALL TIMES.</p> <p>3. TAKE COVER: It is unlikely that you will have more than seven minutes to complete your arrangements, so make sure they are ready before there is an air raid. Do not remain in the street—TAKE COVER.</p> <p>4. POISON GAS: If there is poison gas you will be warned by the sound of HAND RATTLES. If you hear them, put on your gas mask and STAY IN THE HOUSE. If you hear the rattle when you are out, put on your gas mask at once and go indoors.</p> <p>5. RAIDERS PASSED: A continuous steady note of a siren will be sounded when the raiders have passed.</p> <p>6. ALL CLEAR: If you have heard the RATTLE, wait until you hear the HANDRELL which means Raiders Passed and NO GAS.</p> <p>MAKE SURE that all members of your household understand the meanings of these signals.</p> <p style="text-align: right;">PARKER MORRIS, Town Clerk.</p>